

## UNIT 1 Are you looking for adventure?

### A. LOGGING ON

#### 1. GOALS

In this unit:

You will learn how to talk about different kinds of sports.

You will practice the use of:

*can* and *can't*

the simple present and the present progressive

present participles as adjectives

#### 2. VOCABULARY

INSTRUCTIONS: Match the words with the letter in each picture.

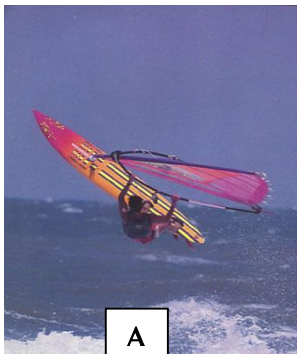
mountain climbing

mountain biking

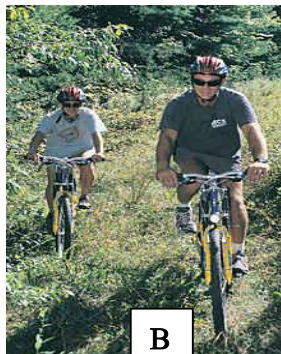
windsurfing

canopying

white water rafting



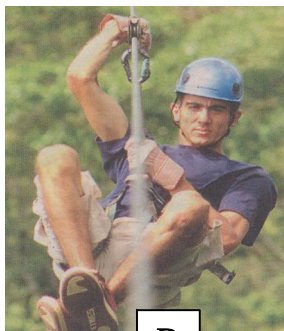
A



B



C



D



E

Photograph of canopy tour taken from *Al Día*, January 28<sup>th</sup>, 2005, p. 1.

### 3. WARM-UP

**INSTRUCTIONS:** Fill in the blanks with the correct form of the word(s).

1. My best friend usually (go) \_\_\_\_\_ windsurfing at Lake Arenal.
2. I (can) \_\_\_\_\_ do bungee jumping, but I prefer to ride my bicycle. It's less dangerous.
3. (Do/does) \_\_\_\_\_ your sister like mountain climbing?
4. Which is \_\_\_\_\_ (more/most) dangerous: hand gliding or bungee jumping?



### 4. YOUR TURN

**INSTRUCTIONS:** Discuss these questions with your classmates.

1. Can you practice dangerous sports near your town? If yes, which ones?
2. Would you like to try bungee jumping?
3. Which is your favorite sport?



### B. TURN IT UP

#### 1. Pre-listening

**Discuss the following questions with one or more classmates.**

1. Can you name some adventure sports?
2. Can you describe mountain climbing?
3. Where can you go mountain climbing in Costa Rica?

#### 2. While Listening

**INSTRUCTIONS:** Listen to the following selection about Mount Chirripó.

The Chirripó is the highest mountain in Costa Rica. It is located in the Talamanca Mountain Range, and it lies at 3820 meters above sea level. Climbing the Chirripó takes between 8 and 10 hours, but this adventure tour is worth the effort since climbers can see a splendorous sample of a high plateau in the southern part of the country. The temperature on the top is often 10 degrees Celsius during the day, but of course, it gets much colder at night when tourists are exposed to strong wind and thick cold fog. On a clear day, tourists can see the Pacific Ocean from the Chirripó. One of the greatest attractions on this mountain is a place called “Los Crestones,” a group of rocky formations that look like a rooster’s crest.



Adapted from *The Tourist*. San José, Publicomer, S.A. May 2002 Edition.

**INSTRUCTIONS:** Now fill in the blanks with the information that you heard.

Altitude: _____ meters above sea level
Climbing time: between _____ to _____ hours
Temperature: (at day): _____ degrees Celsius
Main attraction: _____ a group of rocky crests

### 3. Post Listening

**INSTRUCTIONS:** Listen carefully to the first lines of the selection about Mount Chirripó and complete the blank with the correct information.

The Chirripó is the highest \_\_\_\_\_ in Costa Rica. It is located in the Talamanca Mountain Range, and it lies 3820 \_\_\_\_\_ above sea level. \_\_\_\_\_ The Chirripó takes between 8 and 10 hours, but this \_\_\_\_\_ tour is worth the effort since climbers \_\_\_\_\_ see a splendid sample of a high plateau in the southern part of the \_\_\_\_\_.



### 4. PRONUNCIATION

The words *can* and *can't* have similar vowel sounds, but they have opposite meanings. *Can* is used in questions and affirmative answers. *Can't* is used in negative sentences. Circle the word you hear.

1. Can/Can't you climb the Chirripó in 5 hours?
2. I can /can't live in cold places.
3. Tourists can/can't see the Pacific Ocean from the top.
4. Can/can't you tell me about "Los Crestones?"

## C.SYSTEM TOOLS

### 1. WARM UP

**INSTRUCTIONS:** Use the words in the table to complete the blank spaces of the story.

amazing	cascading	parachuting
traveling	riding	exciting

Enjoy **\_RIDING\_** down our canopy line in one of the most **\_EXCITING\_** tours you will ever find in Costa Rica. You can let yourself fly with pure nature, wildlife, fantastic views on 25 lines over 11 waterfalls in an **\_AMAZING\_** combination of 1-hour horseback riding. You will also be **\_TRAVELING\_** on fast cables high above the water and **\_CASCADING\_** to natural walls. An optional tour includes **\_PARACHUTING\_** to a mountain pool.



*The Tico Times*, 30 July 2004 (48), 1782, p. W-6.

## 2. CHARTS

<b>ACTIVE AND PASSIVE PARTICIPIAL ADJECTIVES</b>		
Adjectives which have an active <i>-ing</i> form and passive <i>-ed</i> form are often confusing. It is important to remember who the doer of the action is and who the receiver is		
<b>Active Participial Adjective</b>	a) The trip was <b>boring</b>	b) The trip <b>bored</b> the tourists. The trip was <u>the doer</u> of the action
<b>Passive Participial Adjective</b>	a) The tourists were <b>bored</b>	The tourists were <b>bored</b> (by the trip). The tourists were <u>the receivers</u> of the action.

Source: Mackey, D. & A. Sökmen. 1996. *More Grammar Plus*. New York: Addison Wesley Longman.

## 3. PRACTICE

**INSTRUCTIONS:** Click on the right adjective to complete the sentence.

- Ricardo didn't like the tourist guide because it had a **confusing\*** map.  
confused
- After Rachel went bungee jumping she felt **shocking**.  
shocked\*.
- My friends and I were **exhausting** with the canopy tour.  
exhausted\*
- A ride in the Reventazón River rapids without falling off the water is really **boring.\***  
bored.
- The Sotos don't let their son Danny do sports which are **frightening.\***  
frightened.
- When Danny is too **frightening**, he can't sleep.  
frightened\*
- Our trip to the Chirripó was the most **exciting\*** trip of our lives.  
excited

#### **4. YOUR TURN**

**INSTRUCTIONS:** The following definitions refer to a specific dangerous sport. Read the first definition to a classmate to see if he or she finds out which sport you're talking about. Take turns to read the definitions.

In this sport you and a group of people ride a boat over that part of the river that looks white because the water is moving very fast over the rocks. An instructor tells you when and how to row the boat. (white-water rafting)

In this sport you sail on water standing on a long narrow board with a sail (windsurfing)

In this sport you ride on a strong bicycle that lets you go up and down steep slopes and rough grounds (mountain biking)

In this sport you hang on a cable and go over the branches of the trees in a forest (canopying)

In this sport you go up mountains using ropes and special gear (mountain climbing)

#### **D. SCAN IT**

##### **1. Pre-reading**

**INSTRUCTIONS:** Discuss the following questions with your classmates.

1. Have you ever gone on a canopy tour?
2. Have you visited the Braulio Carrillo National Park? When?
3. Do you, or someone in your family, practice mountain biking?

## 2. While Reading

INSTRUCTIONS: Read the following passage. Then click TRUE OR FALSE.

### *ADVENTURE TOURISM*

Costa Rica offers local and international tourists the opportunity to practice dangerous sports. These sports are called “dangerous” because when you practice them your life may be at risk. For this reason, many people prefer to practice other sports in which they might not have an accident. Costa Rica offers different possibilities for those who love adventure tourism. The first one is the Rain Forest Aerial Tram located half way to Port Limón, in the Braulio Carrillo National Park. This incredible adventure tour will

make it possible for tourist to see the rain forest with all its hanging gardens and animals traveling above the tree tops. You don't need special gear while riding the tram. The second dangerous sport is bungee jumping. At only thirty minutes from San José, you can try this adrenaline-consuming experience. With the proper gear and help from experienced bungee jumpers you can



enjoy this modern and fun activity. You only need be brave enough to jump 100 meters deep from the Rio Colorado Bridge. The third adventure sport is mountain biking. Some travel agencies will make arrangements so that you can bike through different national parks, for example, around the volcanoes, the Orosi Valley, or Finca El Rodeo near Ciudad Colón. The fourth type of dangerous sport is white water rafting. If you are an expert, raft in the Reventazón and Pacuare rivers. If you are a beginner, the Sarapiquí River has exactly what you need. As you can see, Costa Rica offers a number of places where you can experience dangerous sports first hand.

Adapted from *The Tourist*. San José: Pulicomer, S.A. May 2002 Edition.

- TRUE - FALSE      You need special gear to go on the aerial tram.
- TRUE - FALSE      The Rio Colorado is not very far from San José.
- TRUE - FALSE      The Reventazón River is recommended for tourists who are not experts in white water rafting.
- TRUE - FALSE      When you go on a canopy tour, you can see the trees from the ground.



### 3. Post-Reading

**INSTRUCTIONS:** Draw arrows from the place to the activities you can/can't do.

#### PLACES

Rain Forest Aerial Tram  
Rio Colorado Bridge  
Orosi Valley  
Reventazón and Pacuare Rivers  
Sarapiquí River

#### ACTIVITIES

If you are an expert, try white water rafting  
See animals and hanging gardens  
Jump 100 meters into the river  
Enjoy mountain biking  
If you're not an expert, don't go

### E. TYPE IT UP

#### 1. Pre writing

**INSTRUCTIONS:** Discuss this quote with your classmates.

*“If you like windsurfing on calm waters, at Bolaños Bay you can give it a good try.”*



#### 2. Writing

**INSTRUCTIONS:** Write a paragraph telling why you would like or wouldn't like to practice a dangerous sport.

#### 3. Post writing

**INSTRUCTIONS:** Tell the class about the dangerous sport(s) you would like to practice or not. State your reasons.

## F. Logging off

### 1. Team Project for Each Unit

**Objective:** Design a project based on the practice of bungee jumping on the Colorado River.

**Product:** Suppose that you are a tour guide. You are going to prepare a brochure for tourists who want to go bungee jumping at the Colorado River. Include the name of the company and some historical details and interesting facts about bungee jumping in the country. . Talk about equipment and safety standards. Mention other types of adventure sports offered by the company. Do not forget to include phone numbers, fax and website.

**Dissemination:** Oral report to the whole class/Display of brochure. With a team, you will create and present it to the class.

<b>Roles</b>	<b>Job Description</b>	<b>Student's Name</b>
Student 1 <b>Leader</b>	Sees that everybody uses English Sees that everybody participates Presents the product	
Student 2 <b>Secretary</b>	Writes information about project	
Student 3 <b>Designer</b>	Designs layout and adds artwork	
Student 4 <b>Assistant</b>	Helps secretary and designer with their work	

### Steps

1. Choose roles for each member of your team. Give the project a name.
2. In your group, decide what you are going to do and how you are going to present the information.
3. Create the text for your section according to your role.
4. Create artwork for your section.
5. Put everything together.
6. Present your project to the class.



## 2. Surfing the Net (icon)

Surf the net using [www.bungee.co.cr/pag\\_english/eng\\_01\\_info.html](http://www.bungee.co.cr/pag_english/eng_01_info.html) and get information about Tropical bungee in Costa Rica. List your Internet other Internet resources that you have accessed and present the information found in class.

<b>Internet Address</b>	http://
<b>Topic</b>	
<b>Information found</b>	

### PAIR UP AND WORK

**Situation A:** You and a friend decided to go bungee jumping. The two of you are now on the bridge and are ready to jump. You want to jump, but your friend has decided that he/she won't. Try to convince him/her to jump.

**Situation B:** You and a friend decided to go bungee jumping. You are on the bridge, and all the equipment is set around your body. Suddenly, you feel scared and decide not to jump. Give your friend reasons why you want to quit.

### CULTURE NOTE

According to a report by the Costa Rican Bureau of Tourism, the percentage of Costa Rican people who like adventure sports is very small. On the contrary, adventure tourism seems to be quite attractive for foreigners, especially young people and adults from other countries.

### Review of Unit 1

#### 1. VOCABULARY

**INSTRUCTIONS:** Match these dangerous sports with their descriptions.

- |                        |       |  |
|------------------------|-------|--|
| A. White water rafting | _____ | stand on a long narrow board with a sail             |
| B. Canopy touring      | _____ | ride on a bike designed for rough ground             |
| C. Windsurfing         | _____ | ride on a roller on top of the branches of trees     |
| D. Mountain biking     | _____ | jump from a high place with a rope tied to your feet |
| E. Bungee jumping      | _____ | ride a boat on a rough river with high waves         |

## 2. GRAMMAR

**INSTRUCTIONS:** Complete the paragraph with the present tense forms of the verbs in parentheses.

The Monkey Bar at the poolside (have) \_\_\_\_\_ live music during the season and (include) \_\_\_\_\_ a wide selection of local and international drinks and cocktails. The hotel staff (offer) \_\_\_\_\_ first-hand information about water sports and world tours to national parks, and they (be) \_\_\_\_\_ happy to make arrangements for weddings and honeymoons. You only (need) \_\_\_\_\_ to look for us at [www.flamingomarina.com](http://www.flamingomarina.com).

## *GLOSSARY*

**adventure tourism:** when tourists enjoy going to dangerous places and practicing risky sports for fun

**bungee jumping:** sport in which a person jumps from a high place, such as a bridge or a cliff with a long elastic rope—called a bungee—tied to their feet

**canopy tour:** a tour on a cable ferry in which tourists can observe the top of the trees in a forest

**mountain biking:** riding a strong bike through rough ground, mountains, hilly territories and rivers

**mountain climbing:** use cables and special gear to climb the side or slope of a mountain to reach the mountain top

**speed boating:** a competition on lakes, rivers or oceans in which boat racers travel on a motor boat at great speed

**white water rafting:** rowing and riding on a boat over stretches of rough rivers with high waves and dangerous rocky formations

# SELF-ASSESSMENT UNIT 1

In this unit you have learned things about adventure tourism. Rate your comfort level.

## *Skills*

- I can talk about dangerous sports.
- I can talk about tourist places in Costa Rica.
- I can identify some characteristics of the Chirripó Mountain by listening to information about this place
- I can read information about adventure tourism in Costa Rica.
- I can write about dangerous sports.
- I know the distinction between *can* and *can't*.
- I can use the simple present.
- I can use the present progressive
- I can use present participles as adjectives

## *Self reflection*

1. What was the most useful thing you learned in this unit?

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2. How will this help you in real life?

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